Health Center at Ward & West  
Phone: 410-704-2466  
Fax: 410-704-3715  
Email: healthcenter@towson.edu  
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

The Health Center (https://www.towson.edu/healthcenter) offers high-quality primary health care to any registered student regardless of insurance status. The center has an experienced staff of physicians, nurse practitioners, physician assistants, registered nurses and health educators. Services include treatment of common illnesses and injuries, a full range of sexual health and women’s health services, contraceptives and emergency contraception, HIV testing, immunization services, lab tests, health education and a limited formulary of prescription medications. Students can schedule an appointment by calling 410-704-2466 between 8 a.m. and 5 p.m. or online by logging in to our secure web portal (https://tigerhealth.towson.edu/login_directory.aspx). Uncomplicated problems (colds, sore throat, UTI’s, etc.) can be seen in our Fast Track Clinic from 9 a.m.–5 p.m. where door-to-door time is usually less than one hour.

Charges for Health Center services can be paid by check or billed to the student’s university account. The Health Center is an “in-network” provider with many large insurance plans and will bill the plans directly for covered services. Referrals for X-rays, outside lab and diagnostic tests, and specialty and hospital care are the student’s financial responsibility, so we strongly encourage all students to carry health insurance (see Health Insurance below).

For after-hours medical emergencies, students should call 911 or if calling from a campus phone, dial 9-911 and notify the University Police by calling 410-704-2133. For non-emergencies students can call our After-hours Nurse Advice Line at 410-704-2466. St. Joseph Medical Center and Greater Baltimore Medical Center, as well as several free-standing urgent care centers, are available to provide urgent care to students at their own expense when the Health Center is closed. Check your insurance plan to verify coverage for these services and visit our website for numbers and locations of facilities near campus.

**Immunization Requirements**

All graduate students taking courses on Towson’s main campus or any of its satellite facilities (Shady Grove, Southern Maryland Higher Education Center, HEAT and Hagerstown) must comply with TU’s immunization requirements to attend class. For details, visit the Health Center website (https://www.towson.edu/healthcenter). New students must log on to our secure web portal to enter their immunization record and complete all required forms (https://tigerhealth.towson.edu/login_directory.aspx). A copy of the immunization record signed by a healthcare provider should be mailed or faxed to the Health Center by January 1 for students entering for the spring term or by August 1 for students entering for the fall term. Late admissions have one month from the date of receiving their admission packet to submit their health records to avoid jeopardizing their class schedule. Students who fail to comply with the requirements by the start of classes, will have a health hold placed on their university account after the add/drop period and will be blocked from registration for the following term until they have complied.

Students taking courses exclusively online, overseas, at their place of employment if employment is off-campus, or at any of the city/county

K-12 schools, are exempt from this policy. Required immunizations and immune antibody titers are available at the Health Center for a fee. Students living in on-campus housing must also provide documentation of immunization against meningococcal meningitis or sign a waiver indicating they understand the risks of the disease and decline to be immunized. That form should be returned to the Department of Housing and Residence Life.

**Health Insurance**

Health insurance is strongly recommended to help defray the costs of services at the Health Center and unexpected illness or injury requiring costly hospital care or diagnostic tests. TU offers an excellent 12-month insurance plan that provides coverage for such services at a very reasonable cost and full or partial coverage for most services and drugs provided by the Health Center.

The plan uses the Health Center as the primary care provider while school is in session and covers services such as specialty referrals, diagnostic tests, surgical procedures and hospital care not available at the Health Center. It will cover urgent care and emergency services at other facilities when the Health Center is closed or when the student is away from school. Coverage for spouses and children of enrolled students is available. Policies can be purchased for the entire year (August 15 through August 14 of the following year) for one term, or for the summer only.

Information for the Towson-sponsored plan is mailed to all registered students that are U.S. citizens or permanent residents in the summer. Online enrollment is available on the Health Center website (https://www.towson.edu/healthcenter). For additional information, contact the Health Center.

**Mandatory Insurance Policy for International Students**

All international students on F, J and other non-employment visa status will be automatically enrolled in the Aetna Student Health Insurance Plan offered through Towson University. Exceptions include those students who are sponsored through their embassies, as long as proof of insurance is provided by the first day of arrival at Towson University. Other exceptions include scholars and students who are covered through a spouse or family member with an insurance plan that is currently accepted at Towson University’s Health Center (example: Carefirst BCBS). The Health Center will only look at plans that are currently accepted at Towson University’s Health Center – no other plans will be reviewed. These exceptions must be requested and confirmed by Health Center staff prior to September 15, 2019 for the fall semester, and February 15, 2019 for the spring semester. If they are not confirmed by these dates, the student will automatically be enrolled in the Aetna Student Health Insurance Plan, and no refunds will be given. For more information on the Aetna Student Health Insurance Plan, please visit their website (https://www.aetnastudenthealth.com) online, and choose Towson University in the drop down menu of schools. For additional questions about international student insurance, please contact the Health Center’s Insurance and Billing Coordinator at 410-704-3703.