

# STUDENT OUTREACH AND SUPPORT (SOS)

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Student Outreach and Support (SOS) assists students with navigating challenges and overcoming obstacles—whether large or small. The SOS team within the Dean of Students Office are committed to supporting students and making a difference in their lives at Towson University. SOS's approach is solution-focused problem solving through motivational interviewing, self-advocacy and coaching. SOS helps students navigate TU's processes across a wide range of departments and services.

Student Outreach and Support help students connect with the support and resources they need. They also aid students with:

- Academic Support
- Finances & Basic Needs
- Food Insecurity
- Physical & Mental Wellness
- Absence & Attendance
- Bereavement
- Mental Health
- General Concerns

Providing coordination of care, on- and off-campus referrals and interventions, and assisting students in crisis during and after an experience or life event is part of SOS's daily work. SOS can be reached in-person or online!