

COMMUNITY HEALTH CONCENTRATION

Community health educators seek to educate and empower the public to understand their health, to make healthy choices, to improve their quality of life, and to reduce disease and disability. Community health educators design, market, implement and/or evaluate health education and health promotion programs for the general public in community settings. The settings in which community health educators work include, but are not limited to health departments, voluntary health agencies, hospitals, universities, nonprofit organizations, government agencies, and schools.

The community health concentration within the Department of Health Sciences provides students with a foundation in a variety of health topic areas, health education theory and practice, and program planning and evaluation. During their final term, students complete a 12-unit internship in a community setting to gain exposure and practical experience in the field.

Students in the Health Education and Promotion major must select one of three concentrations: Community Health; School Health; or School & Community Health. All students must complete 52 units of required courses (25 units of prerequisites and 27 units of professional courses) plus the requirements of their selected concentration.

Requirements for the Major

Code	Title	Units
Required Prerequisites		
BIOL 191 & 191L	INTRODUCTORY BIOLOGY FOR HEALTH PROFESSIONS [LECTURE] and INTRODUCTORY BIOLOGY FOR HEALTH PROFESSIONS [LAB]	4
CHEM 121 & 121L	ALLIED HEALTH CHEMISTRY I LECTURE and ALLIED HEALTH CHEMISTRY I LABORATORY	4
BIOL 221 & 221L	HUMAN ANATOMY & PHYSIOLOGY I [LECTURE] and HUMAN ANATOMY & PHYSIOLOGY I [LAB]	4
BIOL 222 & 222L	HUMAN ANATOMY & PHYSIOLOGY II [LECTURE] and HUMAN ANATOMY & PHYSIOLOGY II [LAB]	4
PSYC 101	INTRODUCTION TO PSYCHOLOGY	3
COMM 131	PUBLIC SPEAKING	3
PSYC 203	HUMAN DEVELOPMENT	3
or PSYC 201	EDUCATIONAL PSYCHOLOGY	
or SCED 305	ADOLESCENT LEARNING, DEVELOPMENT, AND DIVERSITY	
Health Education Professional Courses		
HLTH 101	WELLNESS FOR A DIVERSE SOCIETY	3
HLTH 207	HEALTH CARE IN THE U.S.	3
HLTH 222	FOUNDATIONS OF HEALTH EDUCATION AND HEALTH BEHAVIOR	3
HLTH 311	CHRONIC AND COMMUNICABLE DISEASE	3
HLTH 315	CURRICULUM AND PLANNING	3
HLTH 402	HEALTH COMMUNICATION	3
HLTH 425	INSTRUCTIONAL METHODS IN HEALTH EDUCATION	3

HLTH 430	ORGANIZATION, IMPLEMENTATION AND MANAGEMENT OF HEALTH EDUCATION PROGRAMS	3
HLTH 432	MEASUREMENT AND EVALUATION IN HEALTH EDUCATION	3
Total Units		52

Please note: Enrollment in BIOL 221, BIOL 221L, BIOL 222, and BIOL 222L is limited to two attempts including withdrawals. Exceptions to this limit may be requested by contacting the Course Coordinator.

Requirements for Community Health Concentration

Code	Title	Units
Required Courses		
HLTH 310	INTRODUCTION TO PUBLIC HEALTH	3
HLTH 435	INTRODUCTION TO EPIDEMIOLOGY	3
HLTH 451	INTRODUCTION TO ENVIRONMENTAL HEALTH	3
Required Electives		
Select four courses from the list below		12
HLTH 103	EMC, FIRST AID AND SAFETY	
HLTH 201	INTERNATIONAL HEALTH	
HLTH 204	NUTRITION AND WEIGHT CONTROL FOR THE CONSUMER	
HLTH 208	MENTAL HEALTH, STRESS MANAGEMENT, AND CRISIS INTERVENTION	
HLTH 219	WOMEN'S HEALTH	
HLTH 220	SEXUALITY IN A DIVERSE SOCIETY	
HLTH 225	WEIGHT CONTROL: THEORY AND PRACTICE	
HLTH 331	NUTRITION FOR HEALTH PROFESSIONALS	
HLTH 333	FOOD SAFETY SCIENCE	
HLTH 350	URBAN FOOD SYSTEMS	
HLTH 401	TEACHING ABOUT DRUGS AND SEX	
HLTH 405	DRUGS IN OUR CULTRE	
HLTH 407	VIOLENCE PREVENTION FOR HEALTH EDUCATORS	
Internship		
HLTH 422	FIELD WORK IN COMMUNITY HEALTH ¹	12
Total Units		33

¹ The Community Health Internship, which is completed during the student's final term, serves as a capstone experience where students can apply the knowledge they have gained in the classroom to a health setting. To be eligible for the internship, students must have senior status and must have successfully completed all required courses with a grade of C or better.

The requirements for the internship in this concentration cannot be waived. ALL COURSE WORK MUST BE COMPLETED PRIOR TO INTERNSHIP PLACEMENT.

Suggested Four-Year Plan

Based on course availability and student needs and preferences, the selected sequences will probably vary from those presented

below. Students should consult with their adviser to make the most appropriate elective choices.

Freshman

Term 1	Units Term 2	Units
BIOL 191 & 191L (Core 7)	4 CHEM 121 & 121L (Core 8)	4
HLTH 101 (Core 11)	3 COMM 131 (Core 5)	3
SOCI 101 (Core 6)	3 ENGL 102 (Core 2)	3
TSEM 102 (Core 1)	3 HLTH 222	3
Core 3	3 PSYC 101	3
	16	16

Sophomore

Term 1	Units Term 2	Units
BIOL 221 & 221L	4 BIOL 222 & 222L	4
HLTH 207	3 Core 4	3
HLTH 208	3 Core 12	3
HLTH 220 (Core 13)	3 PSYC 201 or PSYC 203	3
HLTH 204	3 Elective	3
	16	16

Junior

Term 1	Units Term 2	Units
HLTH 103	3 HLTH 405	3
HLTH 311	3 HLTH 432	3
HLTH 315 (Core 9)	3 Core 14	3
Core 10	3 Elective	3
Elective	3 Elective	3
	15	15

Senior

Term 1	Units Term 2	Units
HLTH 435	3 HLTH 422	12
HLTH 425	3	
HLTH 430	3	
Elective	3	
Elective	3	
	15	12

Total Units 121

1. Using technology, students will identify, analyze and evaluate major and micro influences (e.g. demographic, social and political), and how these affect individual and population health behaviors and outcomes.
2. Students will write clearly, logically and succinctly in standard professional prose with well-referenced developmental detail appropriately cited according to APA standards.
3. Students will demonstrate professional and ethical behaviors in the field of health education exhibiting appropriate intrapersonal and interpersonal social skills with management, staff or students in ways that promote effective work and/or learning environments.