MINOR IN HEALTH SCIENCE

The Health Science minor is designed for students with an interest in health promotion, and the 25 units provide the knowledge and skills needed to become a Certified Health Education Specialist (CHES) through the National Commission for Health Education Credentialing (NCHEC). The Health Science minor is open to all majors and minors, including Public Health.

Code	Title	Units
Required Courses		
PSYC 201	EDUCATIONAL PSYCHOLOGY	3
or PSYC 203	HUMAN DEVELOPMENT	
HLTH 222	FOUNDATIONS OF HEALTH EDUCATION AND HEALTH BEHAVIOR	3
HLTH 315	CURRICULUM AND PLANNING	3
HLTH 335	PUBLIC HEALTH POLICY	3
HLTH 402	HEALTH COMMUNICATION	3
HLTH 410	HEALTH EDUCATOR CERTIFICATION EXAM PREPARATION	1
HLTH 425	INSTRUCTIONAL METHODS IN HEALTH EDUCATION	3
HLTH 430	ORGANIZATION, IMPLEMENTATION AND MANAGEMENT OF HEALTH EDUCATION PROGRAMS	3
In addition to the required courses, students must complete one HLTH elective that is a 200-level course or above. Choose one course from the list below.		3
HLTH 201	INTERNATIONAL HEALTH	
HLTH 204	NUTRITION AND WEIGHT CONTROL FOR THE CONSUMER	
HLTH 208	MENTAL HEALTH, STRESS MANAGEMENT, AND CRISIS INTERVENTION	
HLTH 219	WOMEN'S HEALTH	
HLTH 220	SEXUALITY IN A DIVERSE SOCIETY	
HLTH 331	NUTRITION FOR HEALTH PROFESSIONALS	
HLTH 333	FOOD SAFETY SCIENCE	
HLTH 340	MATERNAL AND CHILD HEALTH FOUNDATIONS	
HLTH 350	URBAN FOOD SYSTEMS	
HLTH 401	TEACHING ABOUT DRUGS AND SEX	
HLTH 405	DRUGS IN OUR CULTURE	
HLTH 407	VIOLENCE PREVENTION FOR HEALTH EDUCATORS	
Total Units		**25**