

MINOR IN HEALTH SCIENCE

The minor in Health Science consists of 21 units. All required courses must be completed with a GPA of 2.00 or higher.

Code	Title	Units
Required Courses		
HLTH 101	WELLNESS FOR A DIVERSE SOCIETY	3
HLTH 207	HEALTH CARE IN THE U.S.	3
HLTH 222	FOUNDATIONS OF HEALTH EDUCATION AND HEALTH BEHAVIOR	3
Select one of the following:		3
HLTH 204	NUTRITION AND WEIGHT CONTROL FOR THE CONSUMER	
HLTH 208	MENTAL HEALTH, STRESS MANAGEMENT, AND CRISIS INTERVENTION	
HLTH 219	WOMEN'S HEALTH	
HLTH 220	SEXUALITY IN A DIVERSE SOCIETY	
HLTH 225	WEIGHT CONTROL: THEORY AND PRACTICE	
In addition to the four required courses, students must take three additional upper-level Health electives; two must be in HLTH and the third may be in HLTH or another approved subject. Courses should be selected in consultation with the student's major and minor advisers.		9
Total Units		21