

SCHOOL HEALTH CONCENTRATION

Students selecting the school health concentration will be eligible for certification to teach PreK-12 students. Teacher Education programs at Towson University, based on state and national standards, are approved by the Council for the Accreditation of Educator Preparation (CAEP) and the Maryland State Department of Education. Completion of an approved program qualifies graduates for certification in the State of Maryland and other states. Applicants for Maryland teaching certificates are required to achieve qualifying scores on the Praxis Core and Praxis II examinations, as determined by the Maryland State Board of Education.

Students opting for the school health concentration must meet the requirements for admission to the professional education program and to internship. Prior to admission to the program, individuals must pass the Praxis Core test or have qualifying scores on ACT or SAT tests. Students should schedule and pass Praxis Core before their junior year.

To exit the School Health Teacher program successfully, candidates must have maintained a 2.50 overall GPA, 2.75 in Health courses, and 3.0 in Education courses. The state of Maryland requires candidates to pass Praxis II in order to be certified to teach.

Students in the Health Education and Promotion major must select one of three concentrations: Community Health; School Health; or School & Community Health. All students must complete 52 units of required courses (25 units of prerequisites and 27 units of professional courses) plus the requirements of their selected concentration.

Requirements for the Major

Code	Title	Units
Required Prerequisites		
BIOL 191 & 191L	INTRODUCTORY BIOLOGY FOR HEALTH PROFESSIONS [LECTURE] and INTRODUCTORY BIOLOGY FOR HEALTH PROFESSIONS [LAB]	4
CHEM 121 & 121L	ALLIED HEALTH CHEMISTRY I LECTURE and ALLIED HEALTH CHEMISTRY I LABORATORY	4
BIOL 221 & 221L	HUMAN ANATOMY & PHYSIOLOGY I [LECTURE] and HUMAN ANATOMY & PHYSIOLOGY I [LAB]	4
BIOL 222 & 222L	HUMAN ANATOMY & PHYSIOLOGY II [LECTURE] and HUMAN ANATOMY & PHYSIOLOGY II [LAB]	4
PSYC 101	INTRODUCTION TO PSYCHOLOGY	3
COMM 131	PUBLIC SPEAKING	3
PSYC 203 or PSYC 201 or SCED 305	HUMAN DEVELOPMENT EDUCATIONAL PSYCHOLOGY ADOLESCENT LEARNING, DEVELOPMENT, AND DIVERSITY	3
Health Education Professional Courses		
HLTH 101	WELLNESS FOR A DIVERSE SOCIETY	3
HLTH 207	HEALTH CARE IN THE U.S.	3
HLTH 222	FOUNDATIONS OF HEALTH EDUCATION AND HEALTH BEHAVIOR	3
HLTH 311	CHRONIC AND COMMUNICABLE DISEASE	3
HLTH 315	CURRICULUM AND PLANNING	3
HLTH 402	HEALTH COMMUNICATION	3

HLTH 425	INSTRUCTIONAL METHODS IN HEALTH EDUCATION	3
HLTH 430	ORGANIZATION, IMPLEMENTATION AND MANAGEMENT OF HEALTH EDUCATION PROGRAMS	3
HLTH 432	MEASUREMENT AND EVALUATION IN HEALTH EDUCATION	3
Total Units		52

Please note: Enrollment in BIOL 221, BIOL 221L, BIOL 222, and BIOL 222L is limited to two attempts including withdrawals. Exceptions to this limit may be requested by contacting the Course Coordinator.

Requirements for School Health Concentration

Code	Title	Units
Required Courses		
HIST 145 or HIST 146	HISTORY OF THE UNITED STATES TO THE CIVIL WAR HISTORY OF THE UNITED STATES SINCE THE CIVIL WAR	3
EDUC 202	HISTORICAL AND CONTEMPORARY PERSPECTIVES: AMERICA'S URBAN SCHOOLS	3
HLTH 103	EMC, FIRST AID AND SAFETY	3
HLTH 204	NUTRITION AND WEIGHT CONTROL FOR THE CONSUMER	3
HLTH 208	MENTAL HEALTH, STRESS MANAGEMENT, AND CRISIS INTERVENTION	3
HLTH 220	SEXUALITY IN A DIVERSE SOCIETY	3
HLTH 405	DRUGS IN OUR CULTRE	3
SPED 301	INTRODUCTION TO SPECIAL EDUCATION	3
SCED 341	PRINCIPLES OF SECONDARY EDUCATION	4
SCED 460	USING READING AND WRITING IN THE SECONDARY SCHOOLS	4
SCED 461	TEACHING READING IN THE SECONDARY CONTENT AREAS	3
Internship		
HLTH 488	INTERNSHIP IN SCHOOL HEALTH ¹	12
Total Units		47

¹ To be eligible for the school health internship, students must have successfully completed all required courses with a grade of C or better and complete a Criminal Background Check. The requirement for internship cannot be waived.

Suggested Four-Year Plan

Based on course availability and student needs and preferences, the selected sequences will probably vary from those presented below. Students should consult with their adviser to make the most appropriate elective choices.

Freshman		Units
Term 1	Units Term 2	
BIOL 191 & 191L (Core 7)	4 CHEM 121 & 121L (Core 8)	4

HLTH 101 (Core 11)	3 COMM 131 (Core 5)	3
SOCI 101 or GERO 101	3 HLTH 222	3
Core 1 (or Core 2)	3 PSYC 101	3
Core 3	3 Core 2 (or Core 1)	3
	16	16

Sophomore

Term 1	Units Term 2	Units
BIOL 221 & 221L	4 BIOL 222 & 222L	4
HIST 145 or 146	3 EDUC 202	3
HLTH 204	3 HLTH 220	3
HLTH 208	3 Core 9	3
Core 13	3 Core 10	3
	16	16

Junior

Term 1	Units Term 2	Units
HLTH 103	3 HLTH 405	3
HLTH 311	3 HLTH 432	3
SCED 341	4 SCED 461	3
SCED 460	4 SPED 301	3
Core 4	3 Core 6	3
	17	15

Senior

Term 1	Units Term 2	Units
Core 12	3 HLTH 488	12
Core 14	3	
Elective	3	
Elective	3	
	12	12

Total Units 120

1. Using technology, students will identify, analyze and evaluate major and micro influences (e.g. demographic, social and political), and how these affect individual and population health behaviors and outcomes.
2. Students will write clearly, logically and succinctly in standard professional prose with well-referenced developmental detail appropriately cited according to APA standards.
3. Students will demonstrate professional and ethical behaviors in the field of health education exhibiting appropriate intrapersonal and interpersonal social skills with management, staff or students in ways that promote effective work and/or learning environments.