DEPARTMENT OF KINESIOLOGY

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The Department of Kinesiology (https://www.towson.edu/kinesiology) is one of the largest departments in the College of Health Professions, with over 30 full time faculty and over 1200 undergraduate students. Currently residing in Burdick Hall, we offer students enhanced learning experiences in our state of the art classrooms, a computer classroom, a student computer lab, an athletic training simulation lab, practical instructional facilities, faculty research space and a gymnasium facility. The Department of Kinesiology offers four undergraduate academic majors:

Athletic Training Program
The competency-based major prepares students in the prevention, examination, diagnosis, treatment and rehabilitation of acute or chronic injuries and medical conditions in physically active populations. The accredited curriculum consists of formal classroom and clinical instruction delivered via a medical-based education model for graduates to work in cooperation with physicians and other health care professionals. Athletic Training is a screened major. Admission to the university does not guarantee admission to the athletic training major. Visit the Athletic Training Prospective Student page for more information.

Exercise Science Program
Includes the development of theoretical knowledge and participation in practical experiences for students interested in fields such as exercise physiology, biomechanics, exercise and sport psychology, motor control, sports nutrition, exercise testing and prescription, strength and conditioning, and applied research. Students expand upon this theoretical knowledge through practical experiences in exercise testing and prescription, strength and conditioning, advanced exercise physiology, independent study in applied research and clinical internships.

Physical Education Program
The physical education major prepares students to effectively plan and deliver standards-based content and instruction as a certified physical education teacher. The accredited curriculum provides students with a planned, sequential, PreK-12 standards-based program of curricula and instruction designed to develop motor skills, knowledge and behaviors for active living, physical fitness, sportsmanship, self-efficacy and emotional intelligence (SHAPE America).

Sport Management Program
This major is designed to address the unique position of sport in the global economy. Employment opportunities for graduates include high school/youth sport, recreation management, health and fitness, intercollegiate athletics, professional sport, sport agency, facility management, event management, community relations, and retail marketing. The internship is a critical component of the major and is required to complete the program. Towson University's location gives students access to many internship sites within the sport industry, with the Baltimore, Washington DC, Philadelphia markets within close proximity.