Students who take advantage of the wide variety of support services offered throughout the university and those who use co-curricular opportunities to supplement and complement formal classroom learning are likely to be more satisfied and more successful than their peers. The administrative responsibility for the supervision of many of TU's support services, as well as for co-curricular programs and activities, rests with the vice president for Student Affairs and staff.

The Division of Student Affairs fosters and celebrates learning, respect, community and involvement by creating learning experiences that are pivotal in students' education and identity development. The division's work is built around the values of: learning, inclusion, community, excellence, integrity, responsibility, and health and safety. Staff throughout the division serve as advocates for students by helping them strengthen their university experience, find answers to questions, and identify support programs and services that can enhance learning and success.

While many of the opportunities are described throughout the catalog, the division offers the "Student LIFE Line" to assist with answering any question students may have about the university. By calling 410-704-LIFE (5433) or sending an email to studentaffairs@towson.edu, requests will be responded to promptly. The phone line is answered Monday–Friday, 8 a.m.–5 p.m. After these hours, a voicemail can be recorded and will be responded to the next business day.