Health Services

Health Center at Ward & West
Phone: 410-704-2466
Fax: 410-704-3715
Email: healthcenter@towson.edu
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

The Towson University Health Center (https://www.towson.edu/healthcenter) at Ward & West offers primary care services to all registered students. Students who have graduated may use our services for one academic term after they graduate (e.g. summer term for May graduates, January term for December graduates, etc.). The Health Center is open Monday–Friday throughout the year with the exception of university holidays and university closures. Clinic hours are 8:30 a.m.–5 p.m.

The Health Center has an experienced staff of physicians, nurse practitioners, physician assistants, medical assistants and health educators. Services include treatment of common illness and injuries, a full range of sexual health services (including women’s health, birth control, STD and HIV testing), immunization and allergy shot administration, laboratory services, and a limited formulary of prescription and some over-the-counter medication. We also provide therapeutic massage and health education programs and services.

New students are required to submit immunization records via our secure student health portal (https://tigerhealth.towson.edu/login_directory.aspx). Once logged in, follow the directions to enter immunization dates, upload immunization records (you can use any documentation from a healthcare provider’s office or our immunization form found on the Health Center website) and complete the Tuberculosis Risk Screening Questionnaire. Students can also use the web portal to schedule appointments, communicate with their medical provider, request prescription refills, obtain copies of their bills and check their immunization requirement compliance.

The Health Center bills private health insurance, and we are currently participating with many commercial insurance plans and Medicaid managed care plans. If you wish to use your health insurance, please be sure to bring your insurance card each time you visit the Health Center. Towson University also has an excellent student health insurance plan available through Aetna Student Health. This reasonably priced plan covers most Health Center services, prescription medications, as well as specialty referrals. For more information about this plan visit Aetna Student Health’s website (https://www.aetnastudenthealth.com) and pick Towson University from the drop down menu.

Immunization Requirements

The Health Center’s priority is to keep our students and campus community healthy. All students taking classes on the main TU campus or at any of our affiliated campus locations (Northeastern, Shady Grove, Southern Maryland Higher Education Center, HEAT and Hagerstown) are required to meet TU’s Immunization and Tuberculosis screening requirements.

Please follow the above instructions to complete immunization requirements. You can also visit the Health Center’s website (https://www.towson.edu/healthcenter/newstudent.html) for more information on immunization requirements.

Please note: All students, including U.S. citizen and permanent resident students must complete the online tuberculosis risk screening questionnaire, in addition to submitting required immunizations.

International students must have further tuberculosis testing. Please contact the Health Center at 410-704-2466 or email the center (healthcenter@towson.edu) for more information.

Failure to meet TU’s mandatory immunization and tuberculosis screening requirements in a timely manner will result in a health hold on your student account, which will affect your registration for future classes.

Towson University Medical Excuse Policy

The Health Center does not give medical excuses for short-term absence (less than five days) due to illness or injury. Verification of care will be given for people treated at the Health Center which does not constitute a medical excuse. For students whose medical condition results in longer-term absence, the Health Center notifies the Office of the Vice President of Student Affairs, who then notifies the student’s professors. However, this notification does not excuse the absence. Students must also contact their professors and make arrangements for makeup work. Letters of support for students requesting a medical withdrawal from all classes or a selective medical withdrawal from a single class are given at the discretion of the treating provider, and only if the student was treated at the Health Center for the condition. No medical information will be given to any professor or administrative office without consent from the student.

Health Insurance

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Mandatory Health Insurance Policy For International Students

All international students on F, J and other non-employment visa status will be automatically enrolled in the Aetna Student Health Insurance Plan offered through Towson University. Exceptions include those students who are sponsored through their embassies, as long as proof of insurance is provided by the first day of arrival at Towson University. Other exceptions include scholars and students who are covered through a spouse or family member with an insurance plan that is currently accepted at Towson University’s Health Center (example: Carefirst BCBS). The Health Center will only look at plans that are currently accepted at Towson University’s Health Center — no other plans will be reviewed. These exceptions must be requested and confirmed by Health Center staff prior to September 15, 2019 for the fall semester, and February 15, 2019 for the spring semester. If they are not confirmed by these dates, the student will automatically be enrolled in the Aetna Student Health Insurance Plan, and no refunds will be given. For more information on the Aetna Student Health Insurance Plan, please visit their website (https://www.aetnastudenthealth.com) online, and choose Towson University in the drop down menu of schools. For additional questions about international student insurance, please contact the Health Center’s Insurance and Billing Coordinator at 410-704-3703.